

## Weekly Bereavement Drop In Cafe

A weekly bereavement café offering support for those who are bereaved due to a palliative illness.



## Available in our Hospice Hubs in Newry & Dungannon

EVERY WEDNESDAY 10.30 AM - 12.00 NOON

Call Newry: 028 3026 7711 Call Dungannon: 028 3756 5395





## Weekly Bereavement Drop In Cafe

Bereavement affects everyone differently, but you are not alone on your journey.

The weekly bereavement café offers:

A place where you can chat to our staff and others in a similar situation and learn more about the bereavement process.

These sessions are suitable to anyone who has lost someone due to a palliative illness.





- Newry: 028 3026 7711 Dungannon: 028 3756 5395
- Nospice Hubs in Newry & Dungannon

For more informaton on bereavement support, visit our website www.southernareahospiceservices.org/bereavement-services

These sessions aim to help make the bereavement journey less painful by sharing thoughts, feelings, and helping participants understand the bereavement process.





